Content- Law of Attraction

29.

SUBJECT: Treat Yourself!

Remember your birthdays of old? The excitement of what present you might receive? Birthdays were days of treats, of celebrating just you.

So throw yourself a birthday party, even if you’re the only guest. Treat yourself to a gift. It doesn’t have to be big or expensive. Buy yourself something fun- a jar of your favorite gourmet jam, a package of your favorite candy, a new scarf or tie.

Do something for yourself that acknowledges you’re special. It will make you feel special. It will make you happy. And it will reinforce to the world that you are worthy- a reinforcement needed to draw forth all a special person like you desires and deserves.